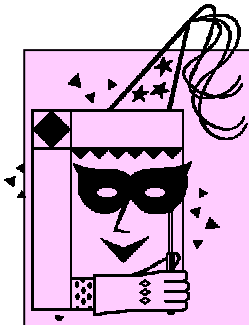


United Methodist Women

February News



Tuesday Extraordinaire

FAMILY MARDI GRAS EXPERIENCE
FEBRUARY 13, 6-7:30 PM
AN EXTRAORDINAIRE EVENING
FOOD FUN SONG DANCE

ALL ARE INVITED BRING NEIGHBORS

PRECURSOR TO AN EXTRAORDINAIRE LENTEN JOURNEY

REFLECTION REPENTANCE RENEWAL

Brown Deer United Methodist Church

5736 West Brown Deer Road

MASKED, UNMASKED, FANCY DRESS OR CALICO

Free Will Offering For Mission

Sponsored by United Methodist Women.

January 28th Sunday Conversations

The United Methodist Women will be having our next 'Conversations' on January 28th during the Sunday School hour. Fellow United Methodist Woman Holly Helton-Anishinaabeqwa will be joining us to discuss her Native American heritage, the issues and challenges Native Americans face in Wisconsin and the US.

**A Call to Prayer
and Self-Denial**

**Saturday,
March 3**

Watch for information
coming soon!

A CHARGE AND A CHALLENGE

Excerpted from "Response Magazine, June 2017

God calls us to live in covenant - with God and with one another. Neither is easy, but both are necessary if we expect to live God's abundant life and ensure that abundant life for all.

To what covenant is God calling United Methodist Women? We organize for women, children and youth. Our purpose as a community of women is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

..... To truly build kin-dom, a world in which all thrive, we can't avoid discomfort. It's what Jesus calls us to, for on the other side is deeper knowledge, understanding and love. In the discomfort is community. In the discomfort is God

ARE YOU READY FOR THE DISCOMFORT? SAY "YES" TO UMW.

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UMW'S COMMITMENT TO IMPROVING MATERNAL AND CHILD HEALTH

It's a big project, but there are things that we can do. Get started with implementing these "Twelve Simple Ways to Help Women and Infants in Your Church and Community". These steps were shared with us at the **Advent/Christmas celebration.**

1. **Build relationships** with women who are pregnant or parenting infants.
2. Become safe sleep Ambassadors
3. Offer rides to health care appointments.
4. Conduct diaper drives.
5. Host a baby shower.
6. Sponsor a smoking cessation class.
7. Expand a food pantry to include fruits and vegetables.
8. Teach nutrition education and cooking classes.
9. Encourage your church to serve healthier meals, whether for congregational members or community meals.
10. Become a baby-friendly facility.
11. Partner with organizations serving pregnant women and children.
12. Sponsor Grief Support Groups.

POINTS TO PONDER; A CALL TO ACTION THE R LIST, MAY 2017 (RESPONSE MAGAZINE)

1,200. Estimated number of women in the United States per year who suffer complications during pregnancy that prove fatal.

Double. Between 1990 and 2013, the maternal mortality ratio for the United States more than doubled from an estimated 12 to 28 maternal deaths per 100,000 births. The country now has a higher ratio than those reported for most high income countries and the Islamic Republic of Iran, Libya and Turkey .

Three to four times. Women who lack health insurance are three to four times more likely to die of pregnancy related complications than their insured counterparts.

Three. Three factors are probably contributing to the upward trend in maternal mortality and morbidity in the United States : inconsistent obstetric practices, increasing number of women with chronic conditions such as hypertension, diabetes and obesity, and the general lack of good data.

Source: "Maternal mortality and morbidity in the United States of America,"
World Health Organization, www.who.int.